

2022/2023 REGION 5 ATHLETICS CHAMPIONSHIPS

Scheduled Friday 9th February to Sunday 11th February, 2024

Times listed on the left hand side are **NOT BEFORE** times. Events will not begin before this time, however they may begin later.

Note: Athletes are required to be at the venue 60 minutes prior to the Not Before Time.

ORDER OF EVENTS - TRACK Friday 9th FEBRUARY

Not Before Time

6:45 PM	T#1	U13	Girls	3000m	Final
	T#2	U13	Boys	3000m	Final
	T#3	U14	Girls	3000m	Final
	T#4	U14	Boys	3000m	Final
	T#5	U15	Girls	3000m	Final
	T#6	U15	Boys	3000m	Final
	T#7	U17	Girls	3000m	Final
	T#8	U17	Boys	3000m	Final

ORDER OF EVENTS - TRACK SATURDAY 10th FEBRUARY

Not Before Time

8:00 AM	T#9	U8	Girls	700m Pack Start	Final
	T#10	U8	Boys	700m Pack Start	Final
	T#11	U11	Girls	1500m	Final
	T#12	U11	Boys	1500m	Final
	T#13	U12	Girls	1500m	Final
	T#14	U12	Boys	1500m	Final
	T#15	U13	Girls	1500m	Final
	T#16	U13	Boys	1500m	Final
	T#17	U14	Girls	1500m	Final
	T#18	U14	Boys	1500m	Final
	T#19	U15	Girls	1500m	Final
	T#20	U15	Boys	1500m	Final
	T#21	U17	Girls	1500m	Final
	T#22	U17	Boys	1500m	Final
9:35 AM	T#23	U8	Girls	60m Hurdles	Heats
	T#24	U8	Boys	60m Hurdles	Heats
	T#25	U9	Girls	60m Hurdles	Heats
	T#26	U9	Boys	60m Hurdles	Heats
	T#27	U10	Girls	60m Hurdles	Heats
	T#28	U10	Boys	60m Hurdles	Heats
	T#29	U11	Girls	80m Hurdles	Heats
	T#30	U11	Boys	80m Hurdles	Heats
	T#31	U12	Girls	80m Hurdles	Heats
	T#32	U12	Boys	80m Hurdles	Heats
10:55 AM	T#33	U8	Girls	60m Hurdles	Final
	T#34	U8	Boys	60m Hurdles	Final
	T#35	U9	Girls	60m Hurdles	Final
	T#36	U9	Boys	60m Hurdles	Final
	T#37	U10	Girls	60m Hurdles	Final
	T#38	U10	Boys	60m Hurdles	Final
	T#39	U11	Girls	80m Hurdles	Final
	T#40	U11	Boys	80m Hurdles	Final
	T#41	U12	Girls	80m Hurdles	Final
	T#42	U12	Boys	80m Hurdles	Final
11:40 AM	T#43	U17	Girls	300m Hurdles	Timed Finals
	T#44	U17	Boys	300m Hurdles	Timed Finals
	T#45	U15	Girls	300m Hurdles	Timed Finals
	T#46	U15	Boys	300m Hurdles	Timed Finals
	T#47	U14	Girls	200m Hurdles	Timed Finals
	T#48	U14	Boys	200m Hurdles	Timed Finals
	T#49	U13	Girls	200m Hurdles	Timed Finals
	T#50	U13	Boys	200m Hurdles	Timed Finals
12:45 PM	T#51	U8	Girls	100m	Heats

	T#52	U8	Boys	100m	Heats
	T#53	U9	Girls	100m	Heats
	T#54	U9	Boys	100m	Heats
	T#55	U10	Girls	100m	Heats
	T#56	U10	Boys	100m	Heats
	T#57	U11	Girls	100m	Heats
	T#58	U11	Boys	100m	Heats
	T#59	U12	Girls	100m	Heats
	T#60	U12	Boys	100m	Heats
	T#61	U13	Girls	100m	Heats
	T#62	U13	Boys	100m	Heats
	T#63	U14	Girls	100m	Heats
	T#64	U14	Boys	100m	Heats
	T#65	U15	Girls	100m	Heats
	T#66	U15	Boys	100m	Heats
	T#67	U17	Girls	100m	Heats
	T#68	U17	Boys	100m	Heats
2:00 PM	T#69	U9/10	Girls	Multi Class 400m	Timed Final
	T#70	U9/10	Boys	Multi Class 400m	Timed Final
	T#71	U11/12	Girls	Multi Class 400m	Timed Final
	T#72	U11/12	Boys	Multi Class 400m	Timed Final
	T#73	U13/14	Girls	Multi Class 400m	Timed Final
	T#74	U13/14	Boys	Multi Class 400m	Timed Final
	T#75	U15/17	Girls	Multi Class 400m	Timed Final
	T#76	U15/17	Boys	Multi Class 400m	Timed Final
2:05 PM	T#77	U9	Girls	400m	Timed Finals
	T#78	U9	Boys	400m	Timed Finals
	T#79	U10	Girls	400m	Timed Finals
	T#80	U10	Boys	400m	Timed Finals
	T#81	U11	Girls	400m	Timed Finals
	T#82	U11	Boys	400m	Timed Finals
	T#83	U12	Girls	400m	Timed Finals
	T#84	U12	Boys	400m	Timed Finals
	T#85	U13	Girls	400m	Timed Finals
	T#86	U13	Boys	400m	Timed Finals
	T#87	U14	Girls	400m	Timed Finals
	T#88	U14	Boys	400m	Timed Finals
	T#89	U15	Girls	400m	Timed Finals
	T#90	U15	Boys	400m	Timed Finals
	T#91	U17	Girls	400m	Timed Finals
	T#92	U17	Boys	400m	Timed Finals
3:50 PM	T#93	U9/10	Girls	Multi Class 100m	Timed Final
	T#94	U9/10	Boys	Multi Class 100m	Timed Final
	T#95	U11/12	Girls	Multi Class 100m	Timed Final
	T#96	U11/12	Boys	Multi Class 100m	Timed Final
	T#97	U13/14	Girls	Multi Class 100m	Timed Final
	T#98	U13/14	Boys	Multi Class 100m	Timed Final
	T#99	U15/17	Girls	Multi Class 100m	Timed Final
	T#100	U15/17	Boys	Multi Class 100m	Timed Final
3:55 PM	T#101	U8	Girls	100m	Final
	T#102	U8	Boys	100m	Final
	T#103	U9	Girls	100m	Final
	T#104	U9	Boys	100m	Final
	T#105	U10	Girls	100m	Final
	T#106	U10	Boys	100m	Final
	T#107	U11	Girls	100m	Final
	T#108	U11	Boys	100m	Final
	T#109	U12	Girls	100m	Final
	T#110	U12	Boys	100m	Final
	T#111	U13	Girls	100m	Final
	T#112	U13	Boys	100m	Final
	T#113	U14	Girls	100m	Final
	T#114	U14	Boys	100m	Final
	T#115	U15	Girls	100m	Final
	T#116	U15	Boys	100m	Final
	T#117	U17	Girls	100m	Final
	T#118	U17	Boys	100m	Final

ORDER OF EVENTS - TRACK SUNDAY 11th FEBRUARY

Not Before Time

8:00 AM	T#119	U9	Girls	700m Walk	Final
	T#120	U9	Boys	700m Walk	Final
	T#121	U10	Girls	1100m Walk	Final
	T#122	U10	Boys	1100m Walk	Final
	T#123	U11	Girls	1100m Walk	Final
	T#124	U11	Boys	1100m Walk	Final
	T#125	U12	Girls	1500m Walk	Final
	T#126	U12	Boys	1500m Walk	Final
	T#127	U13	Girls	1500m Walk	Final
	T#128	U13	Boys	1500m Walk	Final
	T#129	U14	Girls	1500m Walk	Final
	T#130	U14	Boys	1500m Walk	Final
	T#131	U15	Girls	1500m Walk	Final
	T#132	U15	Boys	1500m Walk	Final
	T#133	U17	Girls	1500m Walk	Final
	T#134	U17	Boys	1500m Walk	Final
9:30 AM	T#135	U9 - U12	Girls	4 x 100m Relay	Final
	T#128	U9 - U12	Boys	4 x 100m Relay	Final
	T#129	U13 - U17	Girls	4 x 100m Relay	Final
	T#130	U13 - U17	Boys	4 x 100m Relay	Final
9:55 AM	T#131	U8	Girls	400m Pack Start	Timed Finals
	T#132	U8	Boys	400m Pack Start	Timed Finals
10:10 AM	T#133	U9/10	Girls	Multi Class 800m	Final
	T#134	U9/10	Boys	Multi Class 800m	Final
	T#135	U11/12	Girls	Multi Class 800m	Final
	T#136	U11/12	Boys	Multi Class 800m	Final
	T#137	U13/14	Girls	Multi Class 800m	Final
	T#138	U13/14	Boys	Multi Class 800m	Final
	T#139	U15/17	Girls	Multi Class 800m	Final
	T#140	U15/17	Boys	Multi Class 800m	Final
10:15 AM	T#141	U9	Girls	800m	Final
	T#142	U9	Boys	800m	Final
	T#143	U10	Girls	800m	Final
	T#144	U10	Boys	800m	Final
	T#145	U11	Girls	800m	Final
	T#146	U11	Boys	800m	Final
	T#147	U12	Girls	800m	Final
	T#148	U12	Boys	800m	Final
	T#149	U13	Girls	800m	Final
	T#150	U13	Boys	800m	Final
	T#151	U14	Girls	800m	Final
	T#152	U14	Boys	800m	Final
	T#153	U15	Girls	800m	Final
	T#154	U15	Boys	800m	Final
	T#155	U17	Girls	800m	Final
	T#156	U17	Boys	800m	Final
11:40 AM	T#157	U8	Girls	70m	Heats
	T#158	U8	Boys	70m	Heats
	T#159	U9	Girls	70m	Heats
	T#160	U9	Boys	70m	Heats
	T#161	U10	Girls	70m	Heats
	T#162	U10	Boys	70m	Heats
12:10 PM	T#163	U13	Girls	80m Hurdles	Heats
	T#164	U13	Boys	80m Hurdles	Heats
	T#165	U14	Girls	80m Hurdles	Heats
	T#166	U14	Boys	90m Hurdles	Heats
	T#167	U15	Girls	90m Hurdles	Heats
	T#168	U15	Boys	100m Hurdles	Heats
	T#169	U17	Girls	100m Hurdles	Heats
	T#170	U17	Boys	110m Hurdles	Heats
1:00 PM	T#171	U8	Girls	70m	Final
	T#172	U8	Boys	70m	Final

	T#173	U9	Girls	70m	Final
	T#174	U9	Boys	70m	Final
	T#175	U10	Girls	70m	Final
	T#176	U10	Boys	70m	Final
1:20 PM	T#177	U13	Girls	80m Hurdles	Final
	T#178	U13	Boys	80m Hurdles	Final
	T#179	U14	Girls	80m Hurdles	Final
	T#180	U14	Boys	90m Hurdles	Final
	T#181	U15	Girls	90m Hurdles	Final
	T#182	U15	Boys	100m Hurdles	Final
	T#183	U17	Girls	100m Hurdles	Final
	T#184	U17	Boys	110m Hurdles	Final
2:00 PM	T#185	U8	Girls	200m	Heats
	T#186	U8	Boys	200m	Heats
	T#187	U9	Girls	200m	Heats
	T#188	U9	Boys	200m	Heats
	T#189	U10	Girls	200m	Heats
	T#190	U10	Boys	200m	Heats
	T#191	U11	Girls	200m	Heats
	T#192	U11	Boys	200m	Heats
	T#193	U12	Girls	200m	Heats
	T#194	U12	Boys	200m	Heats
	T#195	U13	Girls	200m	Heats
	T#196	U13	Boys	200m	Heats
	T#197	U14	Girls	200m	Heats
	T#198	U14	Boys	200m	Heats
	T#199	U15	Girls	200m	Heats
	T#200	U15	Boys	200m	Heats
	T#201	U17	Girls	200m	Heats
	T#202	U17	Boys	200m	Heats
3:40 PM	T#203	U9/10	Girls	Multi Class 200m	Timed Final
	T#204	U9/10	Boys	Multi Class 200m	Timed Final
	T#205	U11/12	Girls	Multi Class 200m	Timed Final
	T#206	U11/12	Boys	Multi Class 200m	Timed Final
	T#207	U13/14	Girls	Multi Class 200m	Timed Final
	T#208	U13/14	Boys	Multi Class 200m	Timed Final
	T#209	U15/17	Girls	Multi Class 200m	Timed Final
	T#210	U15/17	Boys	Multi Class 200m	Timed Final
3:50 PM	T#211	U8	Girls	200m	Final
	T#212	U8	Boys	200m	Final
	T#213	U9	Girls	200m	Final
	T#214	U9	Boys	200m	Final
	T#215	U10	Girls	200m	Final
	T#216	U10	Boys	200m	Final
	T#217	U11	Girls	200m	Final
	T#218	U11	Boys	200m	Final
	T#219	U12	Girls	200m	Final
	T#220	U12	Boys	200m	Final
	T#221	U13	Girls	200m	Final
	T#222	U13	Boys	200m	Final
	T#223	U14	Girls	200m	Final
	T#224	U14	Boys	200m	Final
	T#225	U15	Girls	200m	Final
	T#226	U15	Boys	200m	Final
	T#227	U17	Girls	200m	Final
	T#228	U17	Boys	200m	Final

LITTLE ATHLETICS REGION 5 CARNIVAL

FIELD PROGRAM - Saturday 10th February 2024

PLEASE NOTE: Times shown are "NOT TO START BEFORE" times (i.e. warm ups may be carried out earlier and events may start later)
MARSHALLING FOR FIRST EVENTS WILL COMMENCE AT **7:10am** for Javelin, and **7:40am** for all other events

Javelin					Long/Triple Jump				
U14	Girls	Javelin (400g)	*7:30	Javelin	U12	Boys	Long Jump	*8:00	Long Jump 1
U15	Boys	Javelin (700g)	9:00	Javelin	U10	Girls	Long Jump	*8:00	Long Jump 2
MC	Mixed	Javelin	10:30	Javelin	U11	Boys	Triple Jump	*8:00	Triple Jump 1
U11	Boys	Javelin (400g)	11:15	Javelin	U14	Boys	#Triple Jump	*8:00	Triple Jump 2
U12	Boys	Javelin (400g)	12:45	Javelin	U14	Girls	Long Jump	9:45	Long Jump 1
U12	Girls	Javelin (400g)	14:15	Javelin	U13	Girls	#Long Jump	9:45	Long Jump 2
U17	Girls	Javelin (500g)	15:45	Javelin	U13	Boys	Triple Jump	9:45	Triple Jump 1
<hr/>					U17	Girls	Triple Jump	9:45	Triple Jump 2
Discus					U8	Girls	Long Jump	11:30	Long Jump 1
U10	Boys	Discus (500g)	*8:00	Discus 1	U10	Boys	Long Jump	11:30	Long Jump 2
U13	Boys	Discus (750g)	*8:00	Discus 2	U11	Girls	Triple Jump	11:30	Triple Jump 1
U12	Girls	Discus (750g)	9:30	Discus 1	U15	Girls	Triple Jump	11:30	Triple Jump 2
U17	Boys	Discus (1.5kg)	9:30	Discus 2	U13	Boys	Long Jump	13:15	Long Jump 1
U10	Girls	Discus (500g)	11:00	Discus 1	U17	Girls	#Long Jump	13:15	Long Jump 2
U12	Boys	Discus (750g)	11:00	Discus 2	UMC	Mixed	Long Jump	14:30	Triple Jump 1
U8	Boys	Discus (500g)	12:30	Discus 1	U15	Boys	#Long Jump	15:00	Long Jump 1
U14	Boys	Discus (1kg)	12:30	Discus 2	U17	Boys	Long Jump	15:00	Long Jump 2
U8	Girls	Discus (500g)	14:00	Discus 1	<hr/>				
U15	Girls	Discus (1kg)	14:00	Discus 2	High Jump				
<hr/>					U9	Boys	High Jump Sc	*8:00	High Jump 1 - Scissor
Shot Put					U15	Girls	High Jump	*8:00	High Jump 2
U9	Girls	Shot Put (2kg)	*8:00	Shot 1	U9	Girls	High Jump Sc	10:00	High Jump 1 - Scissor
U17	Girls	Shot Put (1.5kg)	*8:00	Shot 2	U14	Boys	High Jump	10:00	High Jump 2
U8	Boys	Shot Put (1.5kg)	9:30	Shot 1	U12	Girls	High Jump	12:00	High Jump 1
U11	Girls	Shot Put (2kg)	9:30	Shot 2	U17	Boys	High Jump	12:00	High Jump 2
U9	Boys	Shot Put (2kg)	11:00	Shot 1	U11	Girls	High Jump	14:00	High Jump 1
U15	Boys	#Shot Put (4kg)	11:00	Shot 2	U13	Girls	High Jump	14:00	High Jump 2
UMC	Mixed	Shot Put	12:30	Shot 1	<hr/>				
U13	Girls	Shot Put (3kg)	12:30	Shot 2	U11	Boys	Shot Put (2kg)	14:00	Shot 1
U11	Boys	Shot Put (2kg)	14:00	Shot 1	U14	Girls	Shot Put (3kg)	14:00	Shot 2
U14	Girls	Shot Put (3kg)	14:00	Shot 2	<hr/>				

*** For first event only please go direct to field event area**

For all other events please report to the Field Marshalling Tent

At the State Championships in March the following events will be held on the Friday evening;

U13 Girls Long Jump, U15 Boys Long Jump, U17 Girls Long Jump, U13Boys Triple Jump, U14Boys Triple Jump and U15 Boys Shot Put

At the State Championships in March the following events will be held on the Sunday;

MultiClass Mixed Javelin

All events marked with * will be the first field event of the day. For these events each day athletes will proceed directly to their event for marshalling at the competition area.

Competitors in all these events should be ready for the first call by 7:10am for Javelin and 7:40am for all other events.

For all other field event marshalling competitors must make their way to the designated field marshalling area.

Athletes need to arrive at the ground at least 60 minutes prior to the "Not Before" Start time listed for their event.

Times Listed are NOT BEFORE times - Events will not commence the first trial before this time but may start after this time.

Marshalling and warm ups are not included in this time, and may start beforehand.

LITTLE ATHLETICS REGION 5 CARNIVAL
FIELD PROGRAM - Sunday 11th February 2023\4

PLEASE NOTE: Times shown are 'NOT TO START BEFORE' times (i.e. warm ups may be carried out earlier and events may start later)
MARSHALLING FOR FIRST EVENTS WILL COMMENCE AT **7:10am** for Javelin, and **7:40am** for all other events

Javelin					Long/Triple Jump				
U13	Girls	Javelin (400g)	*7:30	Javelin	U9	Boys	Long Jump	*8:00	Long Jump 1
U11	Girls	Javelin (400g)	9:00	Javelin	U12	Girls	Long Jump	*8:00	Long Jump 2
U13	Boys	#Javelin (600g)	10:30	Javelin	U14	Girls	#Triple Jump	*8:00	Triple Jump 1
U14	Boys	##Javelin (600g)	12:00	Javelin	U17	Boys	Triple Jump	*8:00	Triple Jump 2
U15	Girls	Javelin (500g)	13:30	Javelin					
U17	Boys	#Javelin (700g)	15:00	Javelin	U14	Boys	Long Jump	10:00	Long Jump 1
					U11	Boys	Long Jump	10:00	Long Jump 2
					U12	Boys	Triple Jump	10:00	Triple Jump 1
					U15	Boys	Triple Jump	10:00	Triple Jump 2
Discus					U11	Girls	Long Jump	11:45	Long Jump 1
U15	Boys	Discus (1kg)	*8:00	Discus 1	U15	Girls	Long Jump	11:45	Long Jump 2
U11	Boys	Discus (500g)	*8:00	Discus 2	U12	Girls	Triple Jump	11:45	Triple Jump 1
					U13	Girls	Triple Jump	11:45	Triple Jump 2
U17	Girls	Discus (1kg)	10:00	Discus 1					
U13	Girls	Discus (750g)	10:00	Discus 2	U9	Girls	Long Jump	13:30	Long Jump 1
					U8	Boys	Long Jump	13:30	Long Jump 2
U9	Girls	Discus (500g)	11:30	Discus 1					
U9	Boys	Discus (500g)	11:30	Discus 2					
MC	Mixed	Discus	13:00	Discus 1					
U14	Girls	Discus (1kg)	13:00	Discus 2					
U11	Girls	Discus (500g)	14:30	Discus 2					
Shot Put					High Jump				
U12	Boys	Shot Put (2kg)	*8:00	Shot 1	U10	Girls	High Jump Sc	*8:00	High Jump 1 - Scissor
U14	Boys	Shot Put (3kg)	*8:00	Shot 2	U13	Boys	High Jump	*8:00	High Jump 2
U12	Girls	Shot Put (2kg)	10:00	Shot 1	U10	Boys	High Jump Sc	10:00	High Jump 1 - Scissor
U15	Girls	#Shot Put (3kg)	10:00	Shot 2	U14	Girls	High Jump	10:00	High Jump 2
U10	Girls	Shot Put (2kg)	11:30	Shot 1	U11	Boys	High Jump	12:00	High Jump 1
U17	Boys	Shot Put (5kg)	11:30	Shot 2	U17	Girls	High Jump	12:00	High Jump 2
U8	Girls	Shot Put (3kg)	13:00	Shot 1	U12	Boys	High Jump	14:00	High Jump 1
U10	Boys	Shot Put (2kg)	13:00	Shot 2	U15	Boys	High Jump	14:00	High Jump 2
U13	Boys	Shot Put (3kg)	14:30	Shot 2					

*** For first event only please go direct to field event area**
For all other events please report to the Field Marshalling Tent

At the State Championships in March the following events will be held on the Friday evening;
U13 Boys Javelin, U17 Boys Javelin, U14 Girls Triple Jump and U15 Girls Shot Put

At the State Championships in March the following events will be held on the Saturday;
U14 Boys Javelin

All events marked with * will be the first field event of the day. For these events each day athletes will proceed directly to their event for marshalling at the competition area.

Competitors in all these events should be ready for the first call by 7:10am for Javelin and 7:40am for all other events.

For all other field event marshalling competitors must make their way to the designated field marshalling area.

Athletes need to arrive at the ground at least 60 minutes prior to the "Not Before" Start time listed for their event.

Times Listed are NOT BEFORE times - Events will not commence the first trial before this time but may start after this time.

Marshalling and warm ups are not included in this time, and may start beforehand.